



TELE-HEALTH

Dr Keith Holt

Orthopaedic Surgeon

Knee & Shoulder Surgery

Surgery of Sports Injuries

Replacement and Revision Replacement



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In light of the current Covid-19 pandemic, and in line with Government regulations, Dr Holt has closed down all operative surgery and as many face to face appointments as possible. He will however, be continuing to consult, be that by Zoom, Skype or Phone (including FaceTime). Email will also be used for patients with lesser concerns about their surgery, or about future appointments.

Tele-Health can be organised by contacting Dr Holt's office and arranging a time for this. When booking, you will need to let the office know who any relevant x-rays or scans were performed by so that these can be reviewed at the time of your consult. If you do not remember which radiology provider did your studies, then you may be able to get that information from your referring doctor. Please note that, despite what various radiology providers might tell you about sending pictures through, this does not happen. Your pictures will be on a one of the radiology cloud servers and, to be able to access them on the relevant server, we will need to know who the provider was, plus your first name, last name, and date of birth, as given to that provider.

Tele-Health consultations now have item numbers so that your consult can be covered (usually fully) by Medicare. If you would like to facilitate this, making it an all on-line process, please sign and return the Tele-Health consent form (see link below). If you cannot add a signature to this, just write your full name in the space provided instead. This will then be considered to have conferred consent.

Note that: a large amount of detailed information on Orthopaedic Conditions, Surgery, Rehabilitation and similar, is available on Dr Holt's website.

Links for all downloads and information are at the bottom of the next page

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TELE-HEALTH GUIDELINES

Please read and note the following:

- 1. If you have had surgery in the last few weeks**, and have a post operative appointment scheduled, then please ring the office to make sure that the date of your appointment has not changed.
- 2. If you have had surgery**, do not need any sutures or dressings to be removed, and feel like things are on track, please consider ringing the office to discuss whether a face to face review is needed. An Email, Phone, Zoom or Skype review can be arranged if either you, and/or the office staff, feel that this is required. Zoom is perhaps the best of the video options. Download it, and we will send you a link.
- 3. If you are due for a review appointment and are getting on well**, then the safest option is to cancel that appointment. Advice can always be sought from Dr Holt's office if you wish to ring up. Again, a Tele-Health review can be arranged if either you, and/or the office staff, feel that this is required.
- 4. If you are having problems that need fairly urgent review**, or you need repeat prescriptions of analgesic medications, then please ring or email the office. Note that any wound concerns can often be managed by sending us a photo of the area. In emergencies, contact Dr Holt directly via Hollywood Hospital.
- 5. For new problems**, we can also make an appointment for a Tele-Health review. If your problem is suitable, please contact the office to arrange such. This will be regarded as a first consultation, so you may like to fill out a registration form for billing via Medicare. This can be obtained on line from Dr Holt's website (see the link at the bottom of the page). Remember that we can review all x-rays and scans over the net if they have been done by a major provider (because they put these on their cloud server), but we need the information mentioned above to do that. Note that: for a meaningful discussion of your problem, we must see the pictures, a radiology report is not good enough.
- 6. Face to face appointments** will be made only where absolutely necessary. These will be held just once a week. Your problem will have to be deemed to fit into a suitable category in order to get such an appointment. For your own safety, please do not make a face to face appointment if we can deal with the problem by Zoom, Skype, Phone or Email. Remember that you can also access in-depth information on most problems from Dr Holt's website: and that may resolve some issues.
- 7. We are hoping that we will be back to normal function by June** and, based on the likelihood of that happening, we may soon be taking surgery bookings for that time frame. Only time will tell if this will be the case but, if isolation policies are strictly adhered to, then this will happen: and perhaps even sooner. In the meantime, all elective surgery that does not fit into Category 1 (that is: requiring surgery within 30 days to prevent a significantly worse outcome) has been stopped until further notice. This has been decreed in order to save all protective gear, hospital beds and anaesthetic equipment for the medically ill. It is also to prevent cross contamination from affected medical staff to patients undergoing elective surgery.

Contact information and downloads:

Dr Holt's Office	08 92124200	keith.holt@perthortho.com.au
Dr Holt's Office Fax	08 94815724	goes direct to Claire & Marion
Marion Murphy	08 92124211	marion@perthortho.com.au
Claire Waters	08 92124212	claire@perthortho.com.au
Dr Holt via Hollywood Hospital	08 9346 6000	if his staff cannot be contacted and it is urgent
Dr Holt's web site	https://www.keithholt.com.au	
Information Downloads	https://www.keithholt.com.au/information-and-downloads/	
Patient Registration Form	https://www.keithholt.com.au/information-and-downloads/	
Tele-Health Consent Form (print)	https://www.keithholt.com.au/resources/Tele-Health-consent-Form-print-2.pdf	
Tele-Health Consent Form (on-line)	https://www.keithholt.com.au/resources/Tele-Health-consent-Form-email-2.pdf	
Zoom (free to download)	https://zoom.us/feature/messaging	
Skype (free, must be downloaded)	https://www.skype.com/en/	