



Keith Holt
Knee, Shoulder & Sports Surgeon
Perth Orthopaedic & Sports Medicine Centre

In regard to appointments with Dr Holt

Due to the current situation with Covid 19, the Government has instituted strict guidelines concerning group meetings. As a consequence, all the Practitioners at Perth Orthopaedics, including Dr Holt, will be limiting face to face appointments where possible. In addition, elective surgery that does not fit into Category 1 (that is: requiring surgery within 30 days to prevent a significantly worse outcome) has been stopped until further notice.

With the above in mind, the following applies, both to all those who have an appointment, and to those who need or would like an appointment.

Please read and note the following guidelines:

- 1. If you have had surgery in the last 2 weeks***, and have a post operative appointment scheduled, then please ring the office to make sure that the date of your appointment has not changed.
- 2. If you have had surgery***, do not need any sutures or dressings to be removed, and feel like things are on track, please consider ringing the office to discuss whether a face to face review is needed. An email, phone or skype review can be arranged if either you and/or the office staff feel that this is required.
- 3. If you are due for a review appointment and are getting on well***, then the safest option is to cancel that appointment. Advice can always be sought from Dr Holt's office if you wish to ring up. Again, a phone or skype review can be arranged if either you and/or the office staff feel that this is required. Even if you are on track and doing well, we would still like you ring us to let us know that.
- 4. If you are having problems that need fairly urgent review***, or you need repeat prescriptions of analgesic medications, then please ring the office. Note that any wound concerns can often be managed by sending us a photo of the area.
- 5. For new problems*** we can make an appointment for a telephone or skype review. If your problem is suitable, please contact the office to arrange such. This will be regarded as a first consultation, so you will need to fill out a registration form which can be obtained on line from Dr Holt's website. Note that we can review all x-rays and scans over the net if they have been done by a major provider. If you wish this, you will need to let us know which provider, your full name, and your date of birth, so that we can get access to your pictures. For any meaningful discussion of your problem, it is paramount that we see the actual pictures, a report is not good enough.
- 6. Face to face appointments*** will be made only where absolutely necessary. These will be held just once a week. Your problem will have to be deemed to fit into this category in order to get such an appointment. For your own safety, please do not make a face to face appointment if we can deal with the problem on skype, by phone or by email. Note that you can access information on most problems from Dr Holt's website.
- 7. We are hoping that we will be back to normal function in about 3 months*** and, based on the likelihood of that happening, we will soon be taking surgery bookings for that time frame. Only time will tell if this will be the case but, if isolation policies are strictly adhered to, then this will happen: and perhaps even sooner.

Contact information

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Claire Waters	08 92124212	claire@perthortho.com.au
Perth Orthopaedic Centre	08 92124200	info@perthortho.com.au
Dr Holt via Hollywood Hospital	08 9346 6000	- if his staff cannot be contacted and it is urgent
Dr Holt's web site	https://www.keithholt.com.au	
Patient registration form	https://www.keithholt.com.au/appointments/#patient-registration	
Information Downloads	https://www.keithholt.com.au/information-and-downloads/	