

Patient information for Hollywood Private Hospital

The following are general instructions for admission to Hollywood hospital. Please take the time to read these. If there are further questions concerning your admission, you may get the information that you need from the hospital website. The link for that is attached. Alternatively, please feel free to ring one of Dr Holt's secretaries.

Preparing your file

In order to facilitate your admission, the hospital needs to make up your file ahead of time. To do this, your information should (if possible) be provided to them at least 1 - 2 days before your admission, but earlier is better.

Everything that you need for this can be found on the hospital website under 'patient information' (click on the link listed below). Before accessing this site, please make sure that you have the following information to hand:

- health fund membership details
- medicare card
- DVA card (if applicable)
- pension card (if applicable)
- pharmaceutical card (if applicable)
- a list of all medications that you take

For info, go to: www.hollywood.ramsayhealth.com.au/For-Patients/patient-information.aspx, or

To book in: www.hollywoodprivatehospital.com.au and click on **Book your admission** (on the lower left of the page)

If you are unable to use the internet, you may book in by calling the bookings staff at the hospital between 8.00am and 4.30pm on business days, on the following number:

(08) 93466456 - Please allow 30 minutes for this

If you book in on-line, you will be given a booking reference and a booking password which you may save for future use. This will then facilitate any further admissions to the hospital that you may have. Be aware that the passwords are case sensitive.

Patient information form

If possible, complete the patient information form on line. If you are using a downloaded or printed form, this needs to be faxed or emailed to the hospital prior to your admission. The original form must be brought in to hospital with you.

Admission and fasting times

These are as noted in the right hand column. Fasting means nothing to eat, or drink, from the 'fasting time' until after your surgery. You may however, take essential medications with a small amount of water, prior to leaving home.

Drugs needing special attention

All blood thinners including: fish oil, krill oil, aspirin, clopidogrel (plavix, iscover), persantin, asasantin, warfarin, rivaroxaban (xarelto), apixaban (eliquis), dabigatran (pradaxa), etc., need to be stopped or modified, usually beginning a week before surgery. If Dr Holt has not given you a plan for this, please ring his office for advice, or go to:

www.keithholt.com.au then to patient information, or
www.keithholt.com.au/patient_information.php

What to bring

- all x-rays (films or CDs)
- all scans (ultrasound, CT and MRI) (films or CDs)
- Medicare card and Health Fund card
- DVA, pension and/or pharmaceutical cards
- all regular medications

If you are going to need crutches, it is recommended that you hire, or buy, these from your local pharmacy as hospitals no longer supply them.

Anaesthetic review

The Anaesthetist will see you upon admission to hospital. Some Anaesthetists will want to see you in their office before hand as well and, if this is the case, that review will be organised for you. Certainly, if there are any concerns in regards to your anaesthetic, a review will be organised.

Pre-operative clinic

For replacement surgery, the hospital will organise for you to come to a pre-operative clinic. They will be in contact with you to arrange this. At this clinic, blood tests, ECG's etc. will be carried out.

Going Home

Please ensure you have somebody to collect you following discharge, as you will be unable to drive yourself home.

Date of admission day/.....

Time of admission **06.30** **09.00** **11.00**

Fast from **midnight** **midnight** **06.30**

Anaesthetist

Post operative appointment - for day and short stay surgery this will usually be 1 week later, and will be organised in the office beforehand. For bigger surgery, Dr Holt will advise you (prior to discharge) when to come back and see him. If you do not have an appointment, or can't remember receiving one, please ring Dr Holt's office to obtain one.

Fees - will be quoted for when surgery is booked. It is your responsibility to check how much your health fund will reimburse you for these, so ring them beforehand with the item number(s) of your surgery. Any out of pocket expenses are required to be settled at your first post operative visit.

Off work certificates - can be obtained by ringing Dr Holt's office. They can be picked up, faxed, or posted to you.

Cancelling surgery or changing the date of surgery

This can only be done by ringing Dr Holt's rooms (08 92124200). Please do not ring the hospital with any such changes, Dr Holt's office will do all that for you. Note that failure to notify us may incur a cancellation fee.